



52% of Employers Experience
Workplace Issues Due to
Employee Substance Misuse
and Behavioral Health Struggles

Youturn Health can help.

Youturn Health is **a virtual program that bridges the gap between inaction and seeking treatment** by

Behavioral health
negatively impacts
both your employees,
their families, and
your bottom line.

making support accessible
to users grappling with
stress, anxiety, depression,
substance misuse, or suicidal
ideation, wherever they are in
their journey.

Youturn
HEALTH



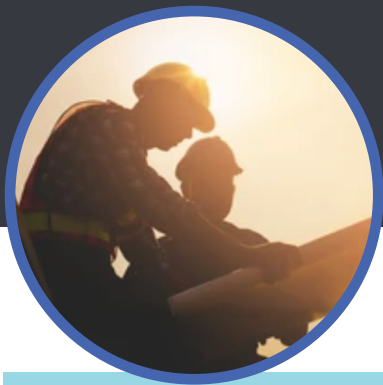
Contact us today to learn how
we can help your organization:

Bridget Kelly | VP, Growth & Strategic Partnerships

CALL: 978-328-8787 EMAIL: bkelly@youturnhealth.com

YouturnHealth.com

We focus on helping you maintain long-term success.



Partner with us and achieve better outcomes.

HERE'S HOW:

PEER COACHING

An established, **strong support network based on lived experience**, where trained coaches can relate to participants and their families through a mix of lived experience, evidence-based strategies, and education.

ONLINE LEARNING AND ASSESSMENT PLATFORM

Access to an extensive virtual library of educational, inspirational, and insightful videos that **help your employees understand the nature** of addressing behavioral health challenges, stress management, substance misuse, and suicidal ideation, as well as assessments to determine suicide risk.

FAMILY SUPPORT

Inclusive family support, which is **vital to positive, long-term outcomes** and allowing individuals to practice self-care in a manner that is sustainable through their own support network.

Engagement

We are able to identify and provide support for employees' behavioral health challenges early, before they reach the point of depression, suicidal ideation, or substance abuse, and cost your organization financially and reputationally.

Integration

We complement your existing programs with end-to-end coaching, family support, and extensive virtual resources to provide your employees with the right level of care. Our virtual platform delivers support while also providing measured outcomes that can be proven and reported on. We help reduce treatment center readmissions and ensure that members are supported appropriately before and after treatment.

Insight

We understand the unique difficulties and nuances of behavioral health and stress management. Our program has been built on sustained, engaging support for individuals — because that's what works. We know from experience. Our founders, leadership team, and coaches all have lived experience with behavioral health challenges.



Youturn Health can find and engage your struggling employees and family members to support them before they reach a crisis point.

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