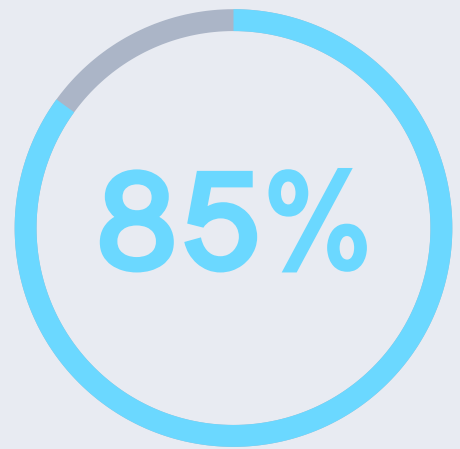


Staying on the Road to Recovery

NIDA reports that 40-60% of people relapse within 30 days of leaving treatment.

Additional studies show that 85% of people relapse within one year of treatment.



Relapse with one year of treatment

(Source: Brandon TH, Vidrine JI, Litvin EB. Relapse and relapse prevention. Annu Rev Clin Psychol. 2007;3:257-84.)

Change is a process, not an event

Research shows that if people engage in treatment AND recovery, they will get better. Youturn Health can help by providing:



PEER COACHING from NAADAC-credentialed coaches with lived experience in substance misuse and recovery to provide access to community resources and additional support.



Access to **ON-DEMAND ONLINE EDUCATION** through an extensive library of evidence-based, inspiring, and insightful videos designed to increase understanding of stress, anxiety, and wellness.



Increased **FAMILY INVOLVEMENT** with baseline education on substance use disorders and peer coaching support to facilitate healing and healthy behaviors that will increase the likelihood that their loved one will maintain their recovery journey.

Proven Results



80% ENGAGEMENT WITH RECOVERY

80% of our participants from treatment centers are engaged with their recovery plan



70% ABSTAIN FROM SUBSTANCES

70% of our participants from treatment centers remain abstinent while in our program.

For those who do relapse, 75% were able to re-engage and get back on track with their recovery.

Youturn Health helps participants stay engaged with their treatment plan and increases the chances of staying on the road to recovery.

To learn more and schedule a demo:

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